# Executive Coaching Professional Learning

Accountability, Assessment, & School Improvement Team

Dec. 9, 2024

Executive Coaching Mindsets and Tools





### Materials Management

### **Training Site:**

http://r16.us/ExCAASI





### The Real YOU!













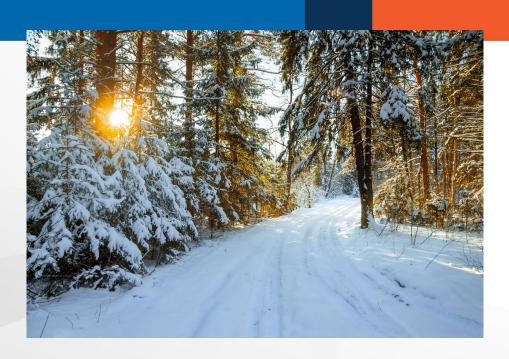








### Our Journey



#### **Training Dates**

- Nov. 11, 2024, 9:00-11:30
- Nov. 18, 2024, 1:30-3:30
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Next Steps...



### Values and Commitments

#### **VALUES**

- High Expectations Standard Bearers
- Avid Learners
- Servant Leaders
- Connectors and Networkers

#### **COMMITMENTS**

- We go all in. We find the third way when needed.
- We honor each other's voices and experiences.
- We celebrate our progress and support each other as we grow.
- We ask questions. We listen. We share.



### **Learning Objectives**

#### By the end of this session, I will:

- Know how the Executive Coaching Conversation Guide might support my work.
- Understand an Executive Coaching mindset.
- Understand how to accelerate trust.
- Be able to coach through complex change.

in order to...

#### **KNOW**

 The qualities, characteristics, and skillset of effective Executive Coaches

#### DO

Executive Coaching at the most effective level possible

#### BE

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Executive Coaching is...



the manifestation of servant leadership as one seeks to draw out, inspire, and develop the best and highest within people from the inside out.

The purposes of a person's heart are deep waters, but one who has insight draws them out.

### Portrait OF AN Executive Coach



#### Servant Leader

Executive Coaches epitomize the essence of servant leadership, almed at eliciting, inspiring, and nurturing individed by innate potential from within, guided by a personalized sense of purpose.

#### Continual Learner

Executive Coaches are perpetual learners, continuously honing their skills through ongoing education, introspection, soliciting guidance from mentors, and nutruring a growth-oriented mindset.







#### Intentional Communicator

Executive Coaches excel in communication through dedicated, active listening, employing deliberate questioning strategies to identify recurrent themes and patterns, guiding clients to delue beyond their existing thought paradigms, and facilitating the cultivation of newfound awareness and insight.

#### **Trusted Partner**

Executive Coaches serve as steadfast partners, cultivating robust client relationships anchored in trust, mutual respect, empathetic engagement, ethical conduct, unwavering honesty, a servant-leadership ethos, and collaborative endeavors.





#### Inspiring Motivator

Executive Coaches provide inspirational guidance to empower clients in reaching their utmost potential, by skillfully facilitating the realization of tangible outcomes and seamlessly integrating newfound awareness into actionable behaviors.

#### **Strategic Challenger**

Executive Cooches leverage their keen awareness and discernment to skillfully steer clients towards transcending their current mindset, with a facus on adapting to the specific circumstances and client requirements at hand. Simultaneously, they exemplify intentionality and purpose throughout the coaching process.

### Executive Framework 4



#### ECF Lever 2: Entering the Conversation

#### **Essential Actions**

2.1: Understands Life as a Series of Conversations

#### Key Concepts

Making Every Conversation Matter

#### Resources

- Atomic Habits: Habits FAO
- 2.2: Enters the Conversation with Intentionality and Purpose

#### Key Concepts

- Helping Others Get Clear about What They Want
- Beginning with the End in Mind
- · Leveraging the "Which Means" Strategy
- Leveraging the "Intention, Attention, Action Pyramid"

#### Resources

- Executive Coaching Conversation Guide
- Results Coaching Next Steps: Leading for Growth and Change



# Executive Coaching Framework Conversation Guide



Alignment Resources

Portion of the Conversation

Possible Questions for the Coach (YOU)

Possible Questions for the Coachee (the Executive)

Your Draft Coaching Notes



### The Value of Questions

#### Questions as a Lifestyle:

- You only get answers to the questions you ask.
- Questions unlock and open doors that otherwise remain closed.
- Questions are the most effective means of connecting with people.
- Questions cultivate humility.
- Questions help you engage others in conversation.

- Questions allow us to build better ideas.
- Questions give us a different perspective.
- Questions challenge mindsets and get you out of ruts.

Quality questions create a quality life.



### Internalization of Conversation Guide

#### **Review of Homework:**

Use TWO or more "things" on the **Conversation Guide** in real life.

...maybe a coaching question or two, a resource link, the draft coaching notes section, or an additional tip.

#### Wax it on.

Be prepared to share.









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### **Executive Coaching Framework**



# Executive Coaching FrameWork Elevate Your Impact EXECUTIVE COACHING



Executive Coaching is the manifestation of servant leadership, as one seeks to draw out, inspire and develop the best and highest within people from the inside out.

This structured framework defines the essence of Executive Coaching while also functioning as a versatile tool empowering coaches to customize their strategies. By leveraging this framework, Executive Coaches are equipped to inspire others, facilitating the realization of their utmost potential both professionally and personally.





### **Executive Coaching Mindset**

5	Shift From		То	
	istening to respond with one's own point of view			
	Shift from Language of		To Using Language of	
(	Correction	to		
(	Confrontation	to		
٦	Telling	to	As a Trio:	
(	Constructive Advice	to	<ul> <li>Reading the left side of the chart, verbally complete the right side of th chart.</li> </ul>	ie
	Questions relying on familiar nabits	to	Be prepared to share out	



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**TRUST** 



### The Unseen Essential



### **TRUST**

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character and
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of a person
or an organization.

STEPHEN M. R. COVEY



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### The Unseen Essential: TRUST

#### **Accelerators**

Performance Management Results

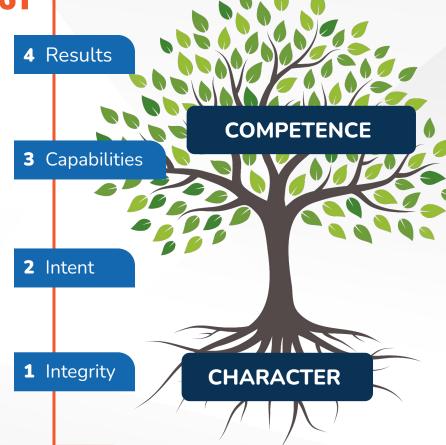
Talents, Attitudes, Skills, Knowledge, Style

**Motives** 

Congruence

Humility

Courage





### The Unseen Essential: TRUST







### TRUST: What's the IMPACT?





The Unseen Essential of TRUST – Personal Reflection

High-trust cultures are designed intentionally – from the inside out.

STEPHEN M. R. COVEY





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Coaching THROUGH Complex Change



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Strategically consider one "CHANGE" occurring.

COACH the through the change, using the coaching questions on PARTS 2 and 3 of the articles as an initial guide. (You don't have to ask all the questions in each set.)







## Exiting the Conversation Adding Value

### Now ask:

- What did you learn about yourself today?
- How did this conversation impact you as a leader?
- What was most valuable to you today?
- How might I/we further support your growth in our next coaching session?

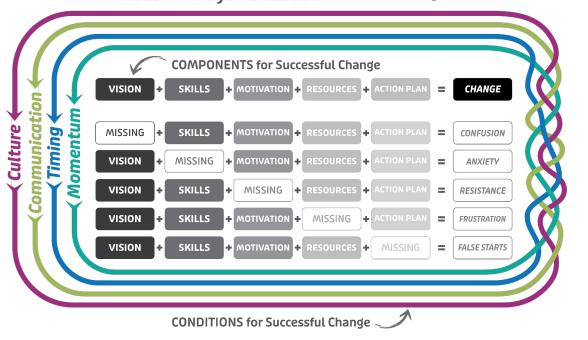


### The Change Matrix Essentials for Success

#### THE CHANGE MATRIX

Essentials for Success





Copyright Region 16 ESC @2024 (Adapted from the Knoster Model,





"Just like a mountain changes with every season, executive coaching helps others adapt to shifting terrains, discover new routes, and conquer peaks they once thought were unreachable."

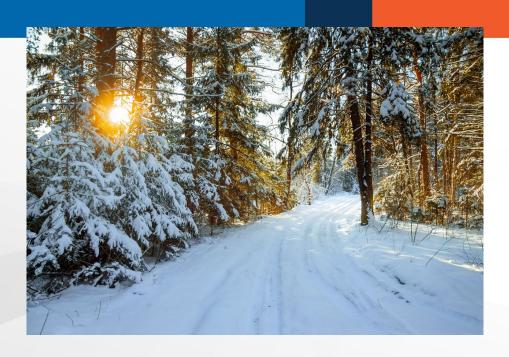


### **Executive Coaching**





### Our Next Run



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